



# SELECTION CRITERIA 2017 - 2020

## 4 YEAR PLAN

TECHNICAL DIVING COMMITTEE  
SWIMMING SOUTH AFRICA



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# INTRODUCTION

The primary objective of the Diving South Africa Selection Policy and Criteria is to ensure that athletes chosen to represent South Africa in major international diving competitions are of the highest possible standard to enable South Africa to win medals in individual and synchronised diving events.

A secondary objective is to underpin the future success of South Africa at major international diving competitions by providing elite development athletes with increased opportunities to compete at international diving competitions for accelerating their progression into national teams.

This is the second 4-year plan that has been produced by the Technical Diving Committee; based on its success in the last Olympic Cycle, we are hoping for continued positive results.

This policy will run parallel to the Swimming South Africa LTAD so that the two programmes will support and unite to provide top diving athletes.

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## DIVING SELECTION COMMITTEE

The SSA Board shall appoint three selectors who, as members of the Diving Selection Committee, must apply the current Selection Policy and Criteria determined by the Technical Diving Committee in considering the nominations of athletes for selection.

- a) The Selection Committee will Comprise:
- b) The convener of the board
- c) Two voted members (with a two-year period)
- d) A non-voting member, normally the Chair of the Technical Committee.

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## ELIGIBILITY FOR SELECTION TO A NATIONAL SQUAD

- a) South African Citizens; OR
- b) South African residents for a continuous period of at least two years who have applied for South African Citizenship and not represented another country in diving in the same two-year period; and
- c) A registered member in good standing with SSA.
- d) Participate in the annual S. A. National Championships and or the S. A. National Youth Championships.

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## PROCESS OF SELECTION TO ALL NATIONAL SQUADS AND TEAMS

- a) Participation at the annual S. A. National Championships and or the S. A. Youth Games. These championships will be considered as the only trials for the entire season.
- b) Each squad and or team has its own unique criteria that need to be achieved to be considered for selection.
- c) Achieving the criteria does not mean automatic selection as team size will depend on the rules of the specific competitions and the events on offer.
- d) Divers that are studying overseas, may submit their results should they wish to be included into a squad as long as they participate in the S. A. National Championships and or the S. A. Youth Championships Games.

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# OBLIGATIONS OF ATHLETES SELECTED INTO ANY SQUAD OR NATIONAL TEAM

All athletes who have been selected in the National Development Squad using the criteria in this policy must:

- a) compete in the competition programme as outlined by Diving South Africa including attendance at both RSA Cup and National Age Groups and both Youth and Senior Nationals; and
- b) adhere to the National Training Programme as set by Diving South Africa; and
- c) maintain a minimum monthly training attendance rate of 95%; and
- d) supply evidence of the development of an internationally acceptable list of dives; and
- e) supply a training log to SSA outlining full training schedule and record of injuries; and
- f) undergo physiological fitness testing as set out by the Technical Diving Committee; and
- g) attend all National Squad camp(s) as set out by the Technical Diving Committee; and
- h) sign the Swimming South Africa Squad Agreement covering responsibilities, behaviour and Diving South Africa Policy.
- i) be prepared to contribute up to 100% of the costs associated with attendance at any International or Non-Major International competitions as a member of the National Team.

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# REMOVAL OF ATHLETES FROM NATIONAL SQUADS OR NATIONAL TEAMS

The Technical Diving Committee and the Selection Committee may remove athletes from National Squads or National Teams if they;

- a) breach or fail to fulfil the obligations of National Squads and Teams as outlined above,
- b) by reason of illness or injury are unable to perform to the required standard in the opinion of the Technical Diving Committee and Selection Committee (after having received advice from a TDC-appointed medical practitioner), or
- c) breach or fail to fulfil the requirements of the SSA Anti-Doping Policy; or
- d) breach or fail to observe the SSA Squad Agreement; or
- e) breach or fail to reach agreed training and competition objectives set by the Technical Diving Committee.

Athletes removed from the National Team of National Squad four weeks prior to departure for an International Diving Competition or during the International Diving Competition will be subject to one or more of the following sanctions:

- a) a fine of up to 50% of the tour costs; and or
- b) removal from the National Diving Squad

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# REPLACEMENT OF ATHLETES REMOVED OR WITHDRAWN FROM NATIONAL TEAMS

If an athlete is removed from a National Team for a Major International Competition because of injury or non-adherence to the Diving SA Selection Policy the Diving SA Selection Committee may in its **discretion** select a further athlete to be included in the team. For athletes to be considered they must:

- a) be a current member of National Squad;
- b) adhere to the obligations of National Squad, as outlined above, and
- c) supply evidence of a training programme and training performance that indicates that they are working towards achieving future medal winning performances; and
- d) send documented evidence of the completion of their full competition dive list, signed by their Diving Coach and Provincial Chairperson, a minimum of **three weeks** prior to the start of the **Major International Competition**.

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# QUERIES ON SELECTION OF NATIONAL SQUADS OR NATIONAL TEAMS

All questions concerning any aspect of selection must be submitted in writing through the appropriate provincial structure who will then forward the written query to SSA.

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# TEAM SIZE AND FUNDING

All International and Non-Major International events will be self-funded. The cost of the event will include and be influenced by the number of coaches, support staff and team management appointed and degree of financial support for national teams will be determined by:

- a) team size;
- b) amount of funding available by SSA
- c) advice from the Convenor of the Technical Diving Committee
- d) the performance standards of the team.

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# NON-SSA SELECTION EVENTS

In instances where National Teams are selected to participate in event that are not supported by SSA the Technical Diving Committee and the Selection Committee will set up requirements based on the level of performance standards required by the sporting body;

The TWO obvious event are

- a) Commonwealth Games
- b) World Student Games

In all instances the Technical Diving Committee will publish the required criteria and provide the external selection committee the results from the trial.

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# NON-OFFICIAL COMPETITIONS

When the Technical Diving Committee is not sending an official team to a FINA Grand Prix or other International Diving Competitions, applications from the Provincial Diving Board will be considered by the Technical Diving Committee for individuals or teams if the following criteria are met:

- a) a written application must be forwarded to the Provincial Diving Board two months prior to the competition requesting permission to attend the designated competition/s, including objectives for attendance and associated costs; and
- b) an athlete must be a minimum of 18 years of age if travelling unaccompanied

To be eligible for consideration to compete at a FINA Grand Prix, athletes must be members of the Senior National Squad

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## CHANGES TO POLICY

Changes to the 2017 – 2020 Selection Policy and Criteria may be implemented should the Technical Diving Committee decide such changes are warranted to ensure that the athletes chosen to represent South Africa in International Competitions are of the highest possible standard or where the literal application of this policy would not achieve the primary objective of the selection policy and criteria. Such changes must be ratified by the SSA board at least six (6) weeks prior to the commencement of a selection trial or departure for international competition.

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## SELECTION OF NATIONAL COACHES

- a) The SSA National Coach will attend all Major International Competitions and designated International Competitions as set out by the Technical Diving Committee Competition Calendar.
  - b) The SSA National Coach will nominate the assistant coaches to attend Major International Competitions, designated International Competitions and World Junior Championships based on the structure and balance within the team.
  - c) Where the SSA National Coach is not travelling with a team, he/she will nominate the coaches to attend.
  - d) All nominations for assistant coaches will go the CEO for ratification.
  - e) Should an athlete on the team wish to bring their personal coach to an event, over and above the nominated coach, this will be done at their expense, with the proviso that the coach is granted accreditation by the hosting National Federation and or FINA. This expense will be covered by the individual diver(s).
  - f) Any diver who decides to take their personal coach to an event is not excluded from contributing to the expenses of the selected team coach.
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## SELECTION OF TEAM MANAGEMENT

For all Major International Competitions, designated International Competitions and World Junior Championships as set out in the Diving SA Calendar, the CEO of SSA will select a team manager based on their knowledge of the team composition and the ability of the manager to deal with elite competitions and elite divers. All nominated officials will be expected to provide a CV on their nomination as team manager. People seeking nomination to team management attend Team Management Courses and is involve in Team Management at a provincial and schools level.

# 2017 COMPETITION PLAN FOR SENIOR DIVERS<sup>1</sup>

## San Juan Puerto Rico Grand Prix (A Team)

- 04 - 07 May 2017
- Senior National 'A' Team

## Madrid, Spanish Grand Prix (B Team)

- 26 to 28 May 2017
- Senior National 'B' Team

## Bolzano, Italian Grand Prix

- 05 - 07 July 2017
- World Championship National Team

## 17th Fina World Championships, Budapest, Hungary

- 14 - 30 July 2017

## 29th Summer Universiade, Taipei City

- 19 - 30 August 2017
- NOT A SSA SELECTION EVENT

## Gold Coast, Australian Grand Prix

- 09 - 12 November 2017
- Potential Commonwealth Games Team

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<sup>1</sup>This Competition Plan for 2018 will be published in December of 2017 once all the Dates of International and Non-Major International Events are confirmed

# SELECTION CRITERIA

## SOUTH AFRICAN JUNIOR NATIONAL SQUAD

2017 - 2020

### S.A. JUNIOR NATIONAL SQUAD

2017

BOYS GROUP A					GIRLS GROUP A				
EVENT	2017	2018	2019	2020	EVENT	2017	2018	2019	2020
	SCORE	SCORE	SCORE	SCORE		SCORE	SCORE	SCORE	SCORE
1 METER	350,00	360,00	370,00	380,00	1 METER	315,00	324,00	333,00	342,00
3 METER	380,00	390,00	400,00	410,00	3 METER	342,00	351,00	360,00	369,00
PLATFORM	342,00	351,00	360,00	369,00	PLATFORM	304,00	312,00	320,00	328,00
BOYS GROUP B					GIRLS GROUP B				
EVENT	2017	2018	2019	2020	EVENT	2017	2018	2019	2020
	SCORE	SCORE	SCORE	SCORE		SCORE	SCORE	SCORE	SCORE
1 METER	297,00	306,00	315,00	342,00	1 METER	264,00	272,00	280,00	288,00
3 METER	315,00	324,00	333,00	342,00	3 METER	280,00	288,00	296,00	342,00
PLATFORM	280,00	288,00	296,00	342,00	PLATFORM	245,00	252,00	256,00	266,00

# SELECTION CRITERIA

## SOUTH AFRICAN NATIONAL SENIOR SQUAD

2017 – 2020

### S.A. SENIOR NATIONAL SQUAD

2017 - 2019

MEN					WOMEN				
<i>EVENT</i>	<i>2017</i>	<i>2018</i>	<i>2019</i>	<i>2020</i>	<i>EVENT</i>	<i>2017</i>	<i>2018</i>	<i>2019</i>	<i>2020</i>
	SCORE	SCORE	SCORE	SCORE		SCORE	SCORE	SCORE	SCORE
1 METER	240,00	246,00	252,00	256,00	1 METER	200,00	205,00	210,00	215,00
3 METER	240,00	246,00	252,00	256,00	3 METER	200,00	205,00	210,00	215,00
PLATFORM	240,00	246,00	252,00	256,00	PLATFORM	200,00	205,00	210,00	215,00



SELECTION CRITERIA  
SENIOR AND JUNIOR  
FINA GRAND PRIX EVENTS  
2017 – 2020

**FINA GRAND PRIX  
2017 - 2020**

					MALE					FEMALE				
<i>EVENT</i>	<i>SENIOR 'A'</i>		<i>SENIOR 'B'</i>		<i>EVENT</i>	<i>SENIOR 'A'</i>		<i>SENIOR 'B'</i>						
	DD	SCORE	DD	SCORE		DD	SCORE	DD	SCORE					
3 METER	18,0	348,00	17,6	336,00	3 METER	14,1	240,0	13,5	200,00					
PLATFORM	19,0	360,00	18,6	342,00	PLATFORM	14,7	240,0	13,5	200,00					
3 M SYNCHRONISED	16,7	312,00	16,1	300,00	3 M SYNCHRONISED	12,3	250,0	12,3	225,00					
10 M SYNCHRONISED	17,0	336,00	16,8	312,00	10 M SYNCHRONISED	13,0	240,0	12,8	225,00					
MIXED 3M SYNCHRONISED	12,3	240,00	12,3	225,00	MIXED 3M SYNCH	12,3	240,00	12,3	225,00					
MIXED 10M SYNCHRONISED	13,0	240,00	12,7	225,00	MIXED 10M SYNCHRONISED	13,0	240,00	12,7	225,00					

# SELECTION CRITERIA

## FINA WORLD AQUATIC CHAMPIONSHIPS

### 2017 AND 2019

## FINA WORLD AQUATICS CHAMPIONSHIPS

### 2017 - 2020

MALE					FEMALE				
EVENT	2017		2019		EVENT	2017		2019	
	DD	SCORE	DD	SCORE		DD	SCORE	DD	SCORE
1 METER	17,7	324,00	18,2	336,00	1 METER	12,1	230,00	12,3	250,00
3 METER	18,9	348,00	19,8	384,00	3 METER	14,3	250,00	15,0	260,00
PLATFORM	20,4	384,00	20,4	396,00	PLATFORM	15,0	250,00	15,7	272,00
3 M SYNCHRONISED	17,0	336,00	17,6	348,00	3 M SYNCHRONISED	12,4	260,00	12,8	280,00
10 M SYNCHRONISED	17,8	348,00	18,1	348,00	10 M SYNCHRONISED	12,8	240,00	13,4	260,00
MIXED 3M SYNCHRO	12,4	250,00	12,8	275,00	MIXED 3M SYNCHRO	12,4	250,00	12,8	275,00
MIXED 10M SYNCHRO	12,8	250,00	13,4	275,00	MIXED 10M SYNCHRO	12,8	250,00	13,4	275,00
TEAM EVENT	12,8	250,00	13,4	275,00	TEAM EVENT	12,8	250,00	13,4	275,00

SELECTION CRITERIA  
FINA DIVING WORLD CUP  
2018 AND 2020

<b>FINA WORLD CUP 2018 - 2020</b>									
<b>MALE</b>					<b>FEMALE</b>				
<b><i>EVENT</i></b>	<b><i>2018</i></b>		<b><i>2020</i></b>		<b><i>EVENT</i></b>	<b><i>2018</i></b>		<b><i>2020</i></b>	
	<b>DD</b>	<b>SCORE</b>	<b>DD</b>	<b>SCORE</b>		<b>DD</b>	<b>SCORE</b>	<b>DD</b>	<b>SCORE</b>
3 METER	19,0	360,00	20,0	396,00	3 METER	14,5	260,00	15,0	275,00
PLATFORM	19,4	396,00	20,4	408,00	PLATFORM	15,2	260,00	15,7	290,00
3 M SYNCHRONISED	17,4	348,00	17,8	360,00	3 M SYNCHRONISED	12,7	270,00	13,0	290,00
10 M SYNCHRONISED	17,8	360,00	18,1	396,00	10 M SYNCHRONISED	13,3	250,00	13,5	265,00
TEAM EVENT	17,1	336,00	17,4	354,00	TEAM EVENT	17,1	336,00	17,4	354,00

# SELECTION CRITERIA

## FISU (INTERNATIONAL UNIVERSITY SPORTS)

### SUMMER GAMES

### 2017 AND 2019

FISU SUMMER GAMES									
2017 - 2019									
MALE					FEMALE				
EVENT	2017		2019		EVENT	2017		2019	
	DD	SCORE	DD	SCORE		DD	SCORE	DD	SCORE
1 METER	17,7	300,00	17,7	300,00	1 METER	12,1	210,00	12,1	210,00
3 METER	18,9	336,00	18,9	336,00	3 METER	14,1	225,0	14,0	225,00
PLATFORM	19,4	360,00	19,4	360,00	PLATFORM	14,7	255,0	14,8	255,00
3 M SYNCHRONISED	16,7	312,00	16,7	312,00	3 M SYNCHRONISED	12,3	250,0	12,3	250,00
10 M SYNCHRONISED	16,8	336,00	16,8	336,00	10 M SYNCHRONISED	13,0	225,0	13,0	225,00

SELECTION CRITERIA  
COMMONWEALTH GAMES  
2018

COMMONWEALTH GAMES 2018 - 2022									
MALE					FEMALE				
<i>EVENT</i>	<i>2018</i>		<i>2022</i>		<i>EVENT</i>	<i>2018</i>		<i>2022</i>	
	DD	SCORE	DD	SCORE		DD	SCORE	DD	SCORE
1 METER	18,0	324,00	19,0	336,00	1 METER	12,2	240,00	12,2	250,00
3 METER	19,0	360,00	20,4	372,00	3 METER	14,5	260,00	14,9	260,00
PLATFORM	19,4	396,00	20,4	396,00	PLATFORM	15,3	260,00	17,5	260,00
3 M SYNCHRONISED	17,2	348,00	17,6	360,00	3 M SYNCHRONISED	12,8	270,00	13,0	270,00
10 M SYNCHRONISED	17,8	360,00	18,1	372,00	10 M SYNCHRONISED	13,0	250,00	13,4	260,00

# SELECTION CRITERIA

## FINA WORLD JUNIOR CHAMPIONSHIPS

### 2018 AND 2020

#### FINA WORLD JUNIOR CHAMPIONSHIPS

#### 2018 - 2020

BOYS A GROUP					GIRLS A GROUP				
EVENT	2018		2020		EVENT	2018		2020	
	DD	SCORE	DD	SCORE		DD	SCORE	DD	SCORE
1 METER	13,9	430,00	13,9	450,00	1 METER	9,5	369,00	9,5	387,00
3 METER	15,0	460,00	15,0	480,00	3 METER	11,0	369,00	11,0	387,00
PLATFORM	14,3	459,00	14,3	477,00	PLATFORM	11,6	352,00	11,6	368,00
3 M SYNCHRONISED	13,0	255,00	13,0	265,00	3 M SYNCHRONISED	12,2	245,00	12,2	250,00
10 M SYNCHRONISED	14,7	205,00	14,7	215,00	10 M SYNCHRONISED	14,7	205,00	14,7	215,00
BOYS B GROUP					GIRLS B GROUP				
EVENT	2018		2020		EVENT	2018		2020	
	DD	SCORE	DD	SCORE		DD	SCORE	DD	SCORE
1 METER	10,3	342,00	10,3	342,00	1 METER	7,1	292,00	7,1	304,00
3 METER	11,4	378,00	11,4	396,00	3 METER	8,1	324,00	8,1	336,00
PLATFORM	11,9	344,00	11,9	360,00	PLATFORM	8,4	291,00	8,4	294,00
3 M SYNCHRONISED	13,0	255,00	13,0	265,00	3 M SYNCHRONISED	12,2	245,00	12,2	250,00
10 M SYNCHRONISED	14,7	205,00	14,7	215,00	10 M SYNCHRONISED	14,7	205,00	14,7	215,00