

## THE 2019 GRAND PRIX INVITATIONAL SWIMMING MEETS

**No 1 Nelspruit Swimming Pool, Mpumalanga 5 – 6 January 2019**  
**No 2 Stellenbosch University Swimming Pool, Stellenbosch 22 – 24 February 2019**

### Entry Procedure

- The closing date for entries for Grand Prix No 1 – Wednesday 5 December 2018 14:00
- The closing date for entries for Grand Prix No 2 – Wednesday 1 February 2019 14:00

All correspondence regarding entries after the closing date, will be received at the Manager's Meeting.

### Entry Procedure for Grand Prix No 1 5 – 6 January 2019

- The entry fee will be R100.00 per swimmer, irrespective of the number of events entered.
- Closing Date for entries for Grand Prix No 1, 5 December 2018
- Entries will be processed by Swimming South Africa – [bmorar@swimsa.co.za](mailto:bmorar@swimsa.co.za)

### Grand Prix No 1 will be swum as Timed Finals

#### PROGRAM OF EVENTS

Saturday, 5 January 2019	14:00pm	Sunday, 6 January 2019	08:30am
50m Freestyle	Men	50m Freestyle	Women
400m IM	Women	400m IM	Men
200m Freestyle	Men	200m Freestyle	Women
200m Butterfly	Women	200m Butterfly	Men
13&u 100m Freestyle	Men	13&u 100m Freestyle	Women
13&u 100m Butterfly	Women	13&u 100m Butterfly	Men
800m Freestyle	Men	800m Freestyle	Women
100m Backstroke	Women	100m Backstroke	Men
100m Breaststroke	Men	100m Breaststroke	Women
400m Freestyle	Women	400m Freestyle	Men
13&u 100m Backstroke	Men	13&u 100m Backstroke	Women
13&u 100m Breaststroke	Women	13&u 100m Breaststroke	Men
200m IM	Men	200m IM	Women
100m Freestyle	Women	100m Freestyle	Men
100m Butterfly	Men	100m Butterfly	Women
200m Breaststroke	Women	200m Breaststroke	Men
13&u 50m Freestyle	Men	13&u 50m Freestyle	Women
13&u 200m IM	Women	13&u 200m IM	Men
200m Backstroke	Men	200m Backstroke	Women

## **Entry Procedure for Grand Prix No 2 22 – 24 February 2019**

- Closing Date for entries for Grand Prix No 2, 1<sup>st</sup> February 2019
- Entries will be processed by Swimming South Africa
- The entry fee will be R80.00 ( R70.00 + R10.00 SSA Levy ) per entry. The entry fee for the 800 and 1500 m Freestyle will be payable once the entry has been accepted.
- Heats and Finals will be swum for Grand Prix No 2, where more than 8 entries are received, except for the 800m and 1500m Freestyle, these events will be Timed Finals.
- The top 8 entries for 800m and 1500m Freestyle will be accepted. Swimmers who qualify will be notified immediately after the entries have closed and been processed. Swimmers who qualify for the 800m and 1500m Freestyle, must confirm their acceptance as soon as they have received confirmation of their entries.  
Withdrawal after acceptance will be subject to a penalty.
- This will be an inter club competition. Entries will be processed the same way as for Age Group Competitions.
- Minimum requirement for entry will be the S A Youth Qualifying Time and or S A National Junior Age Group Qualifying Time.

### **Grand Prix No 2 22 – 24 February 2019**

#### **PROGRAM OF EVENTS**

##### **HEATS Friday 17:00**

##### **FINALS Saturday 10:00**

800m Freestyle Women  
400m Individual Medley Men  
200m Freestyle Women  
100m Freestyle Men  
100m Breaststroke Women  
50m Breaststroke Men  
100m Butterfly Women  
100m Backstroke Men  
50m Backstroke Women  
200m Butterfly Men  
200m Individual Medley Women  
400m Freestyle Men  
50m Freestyle Women  
200m Breaststroke Men  
200m Backstroke Women  
50m Butterfly Men  
4 x 100m Medley Relay Mixed

##### **HEATS Saturday 17:00**

##### **FINALS Sunday 10:00**

1500m Freestyle Men  
400m Individual Medley Women  
200m Freestyle Men  
100m Freestyle Women  
100m Breaststroke Men  
50m Breaststroke Women  
100m Butterfly Men  
100m Backstroke Women  
50m Backstroke Men  
200m Butterfly Women  
200m Individual Medley Men  
400m Freestyle Women  
50m Freestyle Men  
200m Breaststroke Women  
200m Backstroke Men  
50m Butterfly Women  
4 x 100 Freestyle Relay Mixed